

07 MAYIS 2023

2. GÜN PROGRAM

Güncelleme 06.05.2023 11:00

Call Room Giris	Call Room Cikis	Yarisma Alanı Giriş	Yarisma Saati	Brans	Kategori
08:45	08:55	08:58	09:00	3000m.	W35+
09:10	09:20	09:23	09:25	3000m.	M35 - M40
08:45	08:55	09:00	09:30	Uzun Atlama	M35 - M50
08:45	08:55	09:00	09:30	Gülle Atma	W 35+
09:30	09:40	09:43	09:45	3000m.	M45 - M55
09:55	10:05	10:08	10:10	3000m.	M60+
09:55	10:05	10:10	10:30	Gülle Atma	M35 - M45
10:30	10:40	10:43	10:45	60m. Engelli	W35+
10:40	10:50	10:53	10:55	60m. Engelli	M35 - M45
10:50	11:00	11:03	11:05	60m. Engelli	M50 - M55
11:00	11:10	11:13	11:15	60m. Engelli	M60+
10:25	10:35	10:40	11:20	Sırıkla Atlama	W35+ - M35+
11:10	11:20	11:23	11:25	800m	Büyük Kadın
11:15	11:25	11:28	11:30	800m	W35 - W40
10:45	10:55	11:00	11:30	Uzun Atlama	M55+
11:25	11:35	11:35	11:40	800m.	W45+
11:05	11:15	11:20	11:50	Gülle Atma	M50 - M55
11:35	11:45	11:48	11:50	800m	Büyük Erkek
11:40	11:50	11:53	11:55	800m	M35 - M40
11:50	11:59	11:55	12:00	800m	M45 - M55
11:55	12:05	12:08	12:10	800m	M60 - M65
12:05	12:15	12:18	12:20	800m	M70+
12:55	13:05	13:10	13:30	Uzun Atlama	W35+
12:55	13:05	13:10	13:30	Gülle Atma	M60+
13:30	13:40	13:43	13:45	200m.	Büyük Kadın
13:35	13:45	13:48	13:50	200m.	W35
13:40	13:50	13:53	13:55	200m.	W40
13:45	13:55	13:58	14:00	200m.	W45 - W55
13:50	14:00	14:03	14:05	200m.	W60+
13:55	14:05	14:08	14:10	200m.	Büyük Erkek
13:40	13:50	13:55	14:15	Uzun Atlama	Büyük Erkek
14:00	14:10	14:13	14:15	200m.	M35
14:05	14:15	14:18	14:20	200m.	M40
14:10	14:20	14:23	14:25	200m.	M40
14:15	14:25	14:28	14:30	200m.	M45
14:20	14:30	14:33	14:35	200m.	M45
14:25	14:35	14:38	14:40	200m.	M50
14:30	14:40	14:43	14:45	200m.	M50
14:35	14:45	14:48	14:50	200m.	M55
14:40	14:50	14:53	14:55	200m.	M60
14:45	14:55	14:58	15:00	200m.	M65
14:50	15:00	15:00	15:05	200m.	M70+
14:55	15:05	15:08	15:10	4x200m.	W40 - M40 Rekor Deneme